



## The Positive People's Network

### Positive Peer Mentor Role Description

**Please note that for the role of Positive Peer Mentor we are only considering applicants who are HIV+, as we hope that as a mentor you will use your unique knowledge and experience of living with HIV to support your mentee.**

### The time required for this volunteering opportunity

We expect you to be able to commit to the 10 week Positive Peer Mentoring Programme. This includes training, which is likely to be a two hour course in the first week. Following the training, you will engage with your mentee once a week, over up to a nine week period. Please note that although you and your mentee will be able to agree upon a time convenient for the pair of you, it is probable that you will be required to carry out your mentoring duties outside of 'normal' working hours, including evenings or weekends. We expect each weekly Positive Peer Mentoring session to run for duration of one to two hours.

### Initial training commitment

Training is likely to be a two hour course in your first week. You will have the choice of attending Positive Peer Mentor Training at either:

- METRO Vauxhall
- Africa Advocacy Foundation, Catford

### Role Description

The Positive People's Network (PPN) is an exciting new project METRO Vauxhall is running in partnership with the Africa Advocacy Foundation (AAF), Positive Parenting and Children (PPC) and Catholics for AIDS Prevention and Support (CAPS). The aim of PPN is to empower people living with HIV (PLHIV) living in Lambeth, Southwark and Lewisham to develop strategies to lead happy, healthy and fulfilling lives through the opportunity to share experiences and advice.

As part of the Positive People's Network, we are offering Positive Peer Mentoring, where people living with HIV in Lambeth, Southwark and Lewisham support others living with HIV on a one-to-one level. We are currently recruiting enthusiastic and

committed people living with HIV to volunteer as Positive Peer Mentors; to be an approachable and understanding person for others in a similar situation to talk with, covering a range of topics, including dealing with disclosure, adhering to medication and communicating with healthcare professionals. Positive Peer Mentors will all receive training and be supported throughout the programme.

### **Duties**

- We will pair you with a mentee who is living with HIV.
- With your mentee you will work one-to-one through a series of up to nine modules prepared by METRO Vauxhall that discuss the various complexities of living with HIV and share coping strategies that enable your mentee to live well and positively with HIV.
- Assess your mentee's particular needs and describe the various support services offered by METRO Vauxhall, Africa Advocacy Foundation, Positive Parenting and Children and Catholics for AIDS Prevention and Support.
- Following each mentoring session, you will engage in a short debrief with the Peer Support Coordinator.

### **Location**

You will be able to agree with your mentee a public place where you will conduct your mentoring sessions. This may be METRO Vauxhall, AAF or another venue of your choice.

### **Expectation**

- A commitment to attending Positive Peer Mentor Training and to fulfil your role as a mentor.
- A desire to assist people living with HIV to develop strategies to live happy, healthy and fulfilling lives.
- A good working knowledge of English.
- An understanding of how living with HIV affects different people in different ways.
- Knowledge (aided by your training) of the various support services offered by METRO Vauxhall, Africa Advocacy Foundation, Positive Parenting and Children and Catholics for AIDS Prevention and Support.
- Good communication skills.
- To be friendly, approachable and respectful towards people of diverse faiths, ethnicities, genders and sexual orientations.
- To listen to your mentee's experiences, acknowledge their needs, and to offer advice without being judgemental.
- To appreciate the need for absolute confidentiality, and to be able to protect people's privacy.
- To be able to maintain personal boundaries (aided by your training).
- Be willing to submit to a DBS (Disclosure and Barring Service) check.
- Work within METRO's principles and frameworks.
- Adhere to and promote METRO's Equal Opportunities policy

- Adhere and work to METRO's agreed policies regarding confidentiality, Safe Guarding, operational policy, Information Governance etc.

**The areas of interest and types of activity which best fit the voluntary opportunity on offer are:**

<b>X</b>	<b>Area Of Interest</b>	<b>X</b>	<b>Type of Activity</b>
	Animals		Administration
	Art and Culture	<b>X</b>	Advice work
	Children		Architecture and building work
	Disability		Art
	Disaster relief	<b>X</b>	Befriending
	Domestic violence		Business and management
	Drugs and addiction		Campaigning and lobbying
	Education and literacy	<b>X</b>	Caring
	Elderly		Catering
	Employment	<b>X</b>	Community Work
	Environment		Computers and technology
	Families		Counselling
<b>X</b>	Gay, Lesbian, Bi and Trans-sexual		Driving
<b>X</b>	Health, hospitals and hospices		Entertainment
	Heritage		Finance work
	Homeless and housing		Fundraising
	Human and Civil rights		Hostel work
	International aid		Languages
	Legal Aid and Justice		Legal work
<b>X</b>	Mental Health		Marketing PR and Media
<b>X</b>	Mentoring		Music
	Millennium Volunteers		Practical work & DIY
	Museums		Retail & Charity shops
	Music		Teaching and training
	Politics		Board of Trustees/ Management Committee
	Prisoners and ex-offenders		Under 16 volunteering
	Race and Ethnicity and Refugees		
	Religion		
	Sport and outdoor activities		
	Women's Groups		
	Youth		

**The volunteer recruitment and selection procedures used are:**

Application form	<b>X</b>	Police checks/DBS Disclosure	<b>X</b>
Induction	<b>X</b>	References	<b>X</b>
Formal interview	<b>X</b>	Trial period	<b>X</b>

<b>Age/gender restrictions</b>	Applicants should be HIV+ and over 18.
--------------------------------	--

**The following conditions apply to this volunteering opportunity:**

Details of out of pocket expenses provided for this volunteering opportunity	<i>Travel expenses paid for all volunteers. Meal expenses for sessions 4 hours plus. Receipts must be provided.</i>
Details of induction, supervision and support offered to volunteers	<i>Positive Peer Mentors will receive training and will be supported throughout the programme.</i>
Details of what insurance is provided for volunteers both on and off the premises	<i>Volunteers are covered under our "Employers Liability Insurance" whilst representing The Metro Centre Ltd on or off the premises.</i>
Details about any training offered to volunteers, both informal and/or any accredited training	<i>As above</i>

**Volunteers with Additional Support Needs**

**METRO is committed to equality of opportunity and diversity to those in the community with Additional Support Needs such as learning difficulties, mental health issues, physical disabilities and long term illnesses.**

**METRO understands that involving volunteers with Additional Support Needs is dependent on the level of support required and the organisation's ability to meet these needs.**

<b>Signed:</b>	<b>Date:</b> December 2015
<b>Name:</b> Dahlia Ghasson	<b>Position in Partnership:</b> LSL Peer Support Coordinator
<b>Contact Telephone Number:</b> 0207 160 0949	<b>Email:</b> <a href="mailto:dahlia@metrocharity.org.uk">dahlia@metrocharity.org.uk</a>